



TAEKWONDO

Niceville Location

(850) 729-2821

699 John Sims Pkey. West
Niceville Fl. 32578

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MONDAY

	<u>Time</u>	<u>Rank</u>
Juniors	4:45-5:30	White - Blue
	5:30-6:15	BBC All Ranks
	6:15-7:00	Brown - Black
Teen/Adults	11:00-12:00	Mixed
	7:00-8:00	Mixed

TUESDAY

	<u>Time</u>	<u>Rank</u>
Juniors	4:30-5:00	Tiny Tigers
	5:00-5:45	Brown - Black
	5:45-6:30	White - Blue
Teens	6:30-7:15	Mixed Age 12-16
Adults	7:15-8:15	Mixed

WEDNESDAY

	<u>Time</u>	<u>Rank</u>
Juniors	4:30-5:00	BBC / MC Tiny Tigers
	5:00-5:45	Master Club All Ranks
	5:45-6:15	Leadership
Teen/Adults	11:00-12:00	Mixed
	5:45-6:15	Leadership
	6:15-7:15	BBC / MC

THURSDAY

	<u>Time</u>	<u>Rank</u>
Juniors	4:30-5:00	Tiny Tigers
	5:00-5:45	White - Blue
	5:45-6:30	Brown - Black
Teens	6:30-7:15	Mixed Age 12-16
Adults	7:15-8:15	Mixed

My Class Times Are:

Monday:

Wednesday:

Tuesday:

Thursday:

- ☺ Bow to others showing **RESPECT**
- ☺ Shake hands showing **COURTESY**
- ☺ Be quiet during class showing **DISCIPLINE**

- ☺ Arrive to class on time showing **LOYALTY**
- ☺ Make good choices showing **SELF CONTROL**
- ☺ Attend required classes showing **PERSEVERANCE**

Effective 4/11/11 Subject to change