



JUNGYUL: SECOND DEGREE BLACK BELT

		<i>Technique</i>	<i>Stance</i>	<i>Section</i>
1.	L	Horizontal Elbow; R-Vertical Back Elbow	Middle	M & H
2.	L	Square Block	Middle	High
3.	R	Horizontal Elbow; L-Vertical Back Elbow	Middle	M & H
4.	R	Square Block	Middle	High
5.	B	Twin Punch	Closed	High
6.	R	Punch	X-Stance	High
7.	R	Downward Elbow Strike	X-Stance	Low
8.	R	Circle Double Knifehand Low Block	X-Stance	Low
9.	L	Reverse Hooking Block	Front	High
10.	R	Hooking Block	Front	High
11.	L	Reverse Vertical Punch	Front	High
12.	L	#2 Axe Kick		High
13.	L	Knifehand Low Block	Front	Low
14.	R	Circle Reverse Knifehand Block	Front	High
15.	L	Arc Hand Strike	One Leg	High
16.	R	Upward Elbow	One Leg	High
17.	B	Knifehand & Open Hand Block	One Leg	H & L
18.	R	Reinforced Inner Forearm Block	X-Stance	High
19.	R	Back Fist	X-Stance	High
20.	R	Horizontal Hammer Fist	X-Stance	High
21.	R	Circle Double Knifehand Block	Back	High
22.	L	#2 Inner Crescent Kick - Kihap		High
23.	R	Reverse Hook Kick		High
24.	R	Round Kick		High
25.	R	High Block	Back	High
26.	R	Downward Palm Block	Rear	Low
27.	R	Punch	Middle	High
28.	R	Inward Palm Block	Back	Middle
29.	L	Reverse Punch	Back	High
30.	R	Upset Knifehand Strike	Back	High
31.	R	Circle Downward Knifehand Strike	X-Strike	High
32.	R	#2 Front Kick		High
33.	R	#1 Side Kick		High
34.	R	Circle Double Outer Forearm Low Block	Middle	Low
35.	L	Circle Double Knifehand Block	Back	High



JUNGYUL: SECOND DEGREE BLACK BELT (CONT'D)

		<i>Technique</i>	<i>Stance</i>	<i>Section</i>
36.	R	#2 Round Kick		High
37.	R	Round Kick		High
38.	R	Round Kick		High
39.	R	Downward Double Knifehand Strike	Sparring	High
40.	B	High Nine Block	Rear	H & L
41.	L	Downward Double Knifehand Strike	Sparring	High
42.	B	High Nine Block - Kihap	Rear	H & L
43.	R	Jump Reverse Inner Crescent Kick		High
44.	L	Reverse Side Kick		M or H
45.	R	#2 Side Kick		M or H
46.	R	Downward Double Knifehand Strike	Sparring	High
47.	L	#2 Round Kick		High
48.	L	Round Kick		High
49.	L	Round Kick		High
50.	B	Twin Punch	Closed	High
51.	L	Punch	X-Stance	High
52.	L	Downward Elbow Strike	X-Stance	Low
53.	L	Circle Double Knifehand Low Block	X-Stance	Low
54.	R	Reverse Hooking Block	Front	High
55.	L	Hooking Block	Front	High
56.	R	Reverse Vertical Punch	Front	High
57.	R	#2 Axe Kick		High
58.	R	Knifehand Low Block	Front	Low
59.	L	Circle Reverse Knifehand Block	Front	High
60.	R	Arc Hand Strike	One Leg	High
61.	L	Upward Elbow	One Leg	High
62.	B	Knifehand & Open Hand Block - Kihap	One Leg	H & L
63.	L	Reinforced Inner Forearm Block	X-Stance	High
64.	L	Back Fist	X-Stance	High
65.	L	Horizontal Hammer Fist	X-Stance	High
66.	L	Circle Double Knifehand Block	Back	High
67.	R	#2 Inner Crescent Kick		High
68.	L	Reverse Hook Kick		High
69.	L	Round Kick		High
70.	L	High Block	Back	High
71.	L	Downward Palm Block	Rear	Low



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		<i>Technique</i>	<i>Stance</i>	<i>Section</i>
72.	L	Punch	Middle	High
73.	L	Inward Palm Block	Back	Middle
74.	R	Reverse Punch	Back	High
75.	L	Upset Knifehand Strike	Back	High
76.	L	Circle Downward Knifehand Strike	X-Stance	High
77.	L	#2 Front Kick		High
78.	L	#1 Side Kick		High
79.	L	Circle Double Outer Forearm Low Block	Middle	Low
80.	R	Circle Double Knifehand Block	Back	High
81.	L	Knifehand Strike	Back	High
82.	R	Reverse Punch	Back	High