



FT. WALTON SCHEDULE

796-2821 / Fax 729-2821

visit us at www.ataexpress.net

99 Eglin Pkwy. NE, Suit 34A FWB Florida 32548

THIS IS A BLACK BELT SCHOOL

MONDAY

	<u>Time</u>	<u>Age</u>	<u>Rank</u>
Juniors	5:00-5:30	4 to 8	All Ranks
	5:30-6:00	4 to 13	Sparring
	6:00-6:30	9 to 13	All Ranks
Adults	6:30-7:30	Adults	
	7:30-8:00	Sparring	

TUESDAY

	<u>Time</u>	<u>Age</u>	<u>Rank</u>
Juniors	5:00-5:30	4 to 8	All Ranks
	5:30-6:00	4 to 13	Weapons
	6:00-6:30	9 to 13	All Ranks
Adults	6:30-7:30	Adults	
	7:30-8:00	MC Weapons	



THURSDAY

	<u>Time</u>	<u>Age</u>	<u>Rank</u>
Juniors	5:00-5:30	4 to 8	All Ranks
	5:30-6:00	4 to 13	MC Weapons
	6:00-6:30	9 to 13	All Ranks
Adults	6:30-7:30	Adults	
	7:30-8:00	MC Weapons	

- ☺ Be quiet while class in session.
- ☺ Bow to show respect.
- ☺ Shake hands to show courtesy.

- ☺ Spectators, do not talk to students in class.
- ☺ Set your goal for required classes to test.
- ☺ Arrive to class on time.

Effective 1/28/08 subject to change

STAY FOCUSED & ACHIEVE YOUR GOALS

